

# WELCOME TO THE INNERACTIVE BUCKS PROGRAM!

THE INNERACTIVE CURRENCY THAT YOU CAN USE TO  
BUY MARTIAL ARTS ITEMS SUCH AS STRIKE PADS,  
ACCESSORIES, APPAREL, AND EVEN WEAPONS!

THIS SYSTEM HAS BEEN CREATED TO GIVE YOU THE  
OPPORTUNITY TO SET GOALS, REACH THEM, AND  
REWARD YOURSELF FOR IT!

INNERACTIVE IS GIVING YOU 50 IAB (INNERACTIVE  
BUCKS) TO GET YOUR SAVINGS OR SPENDING  
STARTED!

WHAT WILL YOU DO WITH YOUR INNERACTIVE BUCKS?

CHECK OUT THE FULL GUIDE OF ALL ITEMS AND TASKS HERE:

[www.inneractivemartialartstoronto.com/inneractive-bucks](http://www.inneractivemartialartstoronto.com/inneractive-bucks)

GOOD LUCK AND HAVE FUN!

YOUR INSTRUCTOR, MR. LUC

# INNERACTIVE BUCKS GUIDELINES AND INSTRUCTIONS

## **What are InnerActive Bucks?**

InnerActive Bucks, also known as IAB are a form of currency that can only be earned and used within InnerActive Martial Arts. IABs can be used to buy items available from InnerActive Martial Arts such as strike pads, weapons, apparel, accessories and other great items! See the quick reference guide for available items.

## **How do I earn IAB?**

Certain tasks can be completed to earn IAB. Tasks such as bringing a friend to try a class, helping in a beginner class, or even just attending regularly are some of the ways you can earn IAB! See the quick reference guide of IAB Tasks.

## **What do the InnerActive Bucks look like?**

IAB look like a gift certificate and each piece has a value shown. Values include 10 IAB, 20 IAB, 50 IAB, or 100 IAB.

## **How do I redeem my IAB?**

Collect as many IAB as you would like! Save them or spend them! Some items cost less IAB than other items. What will you save for? Once you have collected what you need to purchase what you would like, bring them to your instructor and request the item. We may not always have the items on hand right away, but we will be sure to get it to you as soon as possible.

**Remember to have fun and work towards your goals!**

## INNERACTIVE BUCKS QUICK REFERENCE GUIDE

Mini Punching bag: 70 IAB

InnerActive Water Bottle: 200 IAB

Escrima Sticks: 350 IAB

InnerActive Toque: 300 IAB

Nunchuks: 350 IAB

InnerActive T-shirt: 300 IAB

Bokken(Wooden Sword): 400 IAB

Foam Sword: 400 IAB

Bo-Staff (Youth): 450 IAB

Floppy Pad: 450 IAB

Focus Pads (Handmits)Pair: 500 IAB

Belt Display Rack (Wall Mount Basic): 700 IAB

Boxing Gloves (Youth): 700 IAB

InnerActive Sweater: 700 IAB

Belt Display Rack (Cylinder): 750 IAB

Sai (Pair): 900 IAB

Stand-Up Striking Bag (Youth): 1,900 IAB

Stand-Up Striking Bag: 2,400 IAB

Samurai Sword: 2,700 IAB

## INNERACTIVE BUCKS TASKS LIST

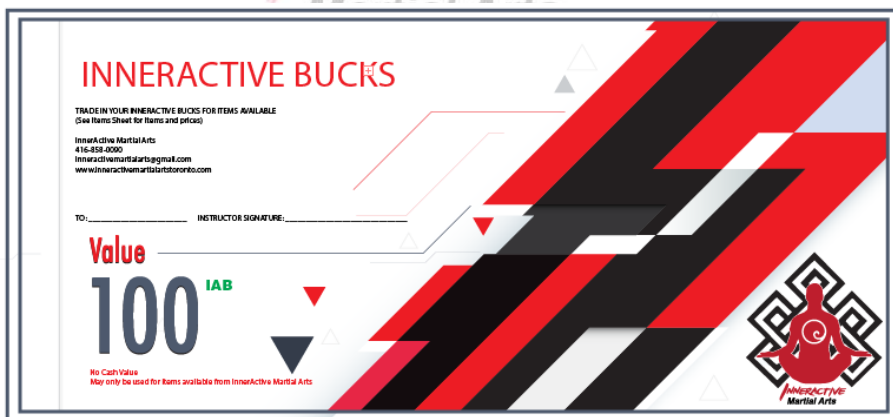
**Complete these tasks to earn your InnerActive Bucks. There is no limit to how much InnerActive Bucks you can earn. The following shows how much IAB you can earn per each task.**

### **Task: Value:**

Start your Martial Arts Journey!.....	50 IAB
Bring a Friend to Class: .....	200 IAB
Earn a Stripe:.....	30 IAB
Earn a belt:.....	100 IAB
Advance from Beginner to Intermediate class:.....	100 IAB
Advance from Intermediate to Advanced Class:.....	100 IAB
Assist/Volunteer in a class (Intermediate/advanced only):.....	20 IAB
Record, Post a video of you practicing & tag InnerActive:.....	50 IAB
Have a Birthday!.....	100 IAB
Complete Practice Sheet.....	50 IAB
Leave a positive review for InnerActive on Google.....	50 IAB
Share InnerActive's social media post on your page.....	50 IAB
Attend one of our camps.....	50 IAB

Have other tasks in mind that you think would be beneficial? We're open to ideas and thoughts. Let us know!

# A SAMPLE OF WHAT INNERACTIVE BUCKS LOOK LIKE



## *MINI PUNCHING BAG*

*50 IAB*

- *Practice*
- *Relieve Stress*
- *Just hit it for fun!*

*Hang up this mini punching bag  
and play away!*



## *ESCRIMA STICKS*

*200 IAB*

*\* This classic, Filipino escrima stick weapon features an unpeeled finish and a burned spiral pattern. 100% bamboo.*



## *INNERACTIVE TOQUE*

*300 IAB*

*Keep warm and in style with the  
InnerActive Toque*



## *INNERACTIVE WATER BOTTLE*

*200 IAB*

*Stay hydrated with the InnerActive  
Water Bottle.*

*Plastic squeeze bottle.*

*Space for personalized name.*



## *NUNCHUKS*

*300 IAB*

*Martial Arts Foam Practice  
Nunchuks.*

*Foam exterior, plastic interior.*



## *INNERACTIVE T-SHIRT*

*300 IAB*

*Several designs and sizes to  
choose from. See website shop  
for all designs.*





## *BOKKEN (WOODEN SWORD)*

*300 IAB*

*Made for practicing sword techniques, this bokken is made of select hardwood and includes one plastic and one rubber stopper. Blade length: 30" Overall length: 40"*



## *FOAM SWORD*

*310 IAB*

*The Youth Foam Bokken has a smaller diameter and shorter length options for young martial artists. Made with a durable red oak core and a 0.25-inch thick foam casing. Comes complete with a polyethylene hand guard.*



## *Bo-Staff (Youth)*

*350 IAB*

*Specifically designed for young martial artists, this bo is composed of hardwood and tapers from 1 inch at the center to 0.75 inches at the ends.*



## *FLOPPY PAD*

*450 IAB*

*perfect for practicing kicks and punches. This double target is composed of long-lasting polyurethane and soft foam padding for impact absorption. Features an easy grip contoured handle along with a wrist strap to ensure target control.*



## *FOCUS MITTS (PAIR)*

*500 IAB*

*Durable and lightweight, Focus Mitts are built for improving speed and reflexes. Ergonomic, curved design aids in catching punches and is ideal for partner training.*



## *BELT DISPLAY RACK (WALL MOUNT)*

*650 IAB*

*This belt display offers a clean look and comes complete with elastic straps that hold ten belts securely on 1.875" slats. Solid wood construction.*



## **BOXING GLOVES (YOUTH)**

**650 IAB**

*Specifically designed for youth athletes, these gloves are made of durable polyurethane with mesh palm inserts for breathability. Ideal for bag workouts and partner training, with wrist wraps for added support and padded grip bars to promote proper fist formation.*



## **INNERACTIVE SWEATER**

**650 IAB**

*Cotton/Poly fleece blend.  
Super warm and cozy fleece lining with an adjustable hood and banded cuffs to keep in the heat*



***BELT DISPLAY RACK  
(CYLINDER)***

***650 IAB***

*A unique way to commemorate your martial arts journey, this belt display is constructed with a solid wood base and top, and a clear acrylic cylinder.*



***SAI WEAPON (PAIR)***

***900 IAB***

*Featuring a chrome plated finish, these sai are made of steel with genuine leather-wrapped handles for durability and style. Sold in pairs.*



## **STAND UP STRIKING BAG**

**(YOUTH)**

**1,700 IAB**

*Ideal for young martial artists, the Kid Kick Wavemaster features four height adjustments from 37" to 52" and a rounded base for easy roll relocation. Made of durable nylon with inner high impact foam, it is great for practicing punches and strikes.*



## **STAND UP STRIKING BAG**

**(REGULAR SIZE)**

**2,200 IAB**

*The Wavemaster is the original freestanding heavy bag, excellent for developing kicks, punches, and strikes. Constructed of high-density foam, the Wavemaster has a rounded base that is easily relocated without the need of permanent fixtures.*



## SAMURAI SWORD

2,700 IAB

*The XMA Xtreme Competition Sword has a half-tang construction with an aircraft-grade aluminum blade. The blade has a blood groove and an unsharpened, serrated edge. The handle includes wrapped webbing for an improved grip, while the blade features XMA kanji on the backside. Wooden scabbard has cord wrapping for a finished, professional look.*

